

## **UBEA RULES and REGULATIONS (keep for your records!)**

Utah Ballroom Educators Association (UBEA) competitions are not NDCA recognized competitions. However UBEA will abide by rules and regulations governing competitions and championships recognized by the National Dance Council of America, Inc. Some of the NDCA rules that directly apply to amateur competitors, along with additional rules applied by the organizer follow:

1. **ALL COMPETITOR AND SPECTATORS** must have an admission ticket for the day.
2. No couple is exempt from competing in any round. Any couple who fails to appear at the scheduled time for the first round of any event will be disqualified from the event.
3. No person may compete in an age classification lower than their own. A couple's age classification eligibility is defined as the age of the older partner. However, this definition does not allow the younger member of the partnership to dance up two age levels. Specifics are listed below:

### **Age Category Classifications**

**OPEN CATEGORIES** Age classifications will become effective on the individual's actual birthday. On a year where a competitor is going to move from one classification to the next they may make this change anytime during a 60-day period that begins 30 days prior to their birthday and ends 30 days following their birthday.

<b>Pre-Teen:</b>	11th birthday or less
<b>Junior:</b>	12th through 15th birthday
<b>Youth:</b>	16th, 17th or 18th birthday
<b>Adult:</b>	19th birthday or greater

### **SYLLABUS CATEGORIES**

The following designations will be used for the syllabus categories:

**Elementary School:** Competitors, who as of August 2013, will be in grades K - 6.

**Junior High School:** Grades 7 - 9.

**High School:** Grades 10 - 12.

**Adult:** ages 18 and older

Elementary school competitors may not dance in the High School category even if partnered by a Junior High or High School competitor. Junior High competitors may dance up one designation to the High School category, but only as defined in entry restrictions below.

### **Entry Restrictions**

4. Competitors who dance in a syllabus event may not dance in any open event of the same style, and vice versa.
5. Competitors may dance up one age classification only in each competition style.
6. All competitors may dance in a maximum of two proficiency or age categories in a particular dance style. For example, a Youth competitor may only compete in two of the following for the Open Ballroom style: Youth Pre-Championship, Youth Championship, Adult Novice, Adult Pre-Championship, or Adult Championship.
7. A competitor is eligible to dance in the "Syllabus", "Novice" or "Pre-Championship" classifications until they accumulate three proficiency points. There is no limit to the number of proficiency points that may be accumulated in the "Championship" level. See point accumulation that follows:

### **Point Accumulation**

- A competitor receives one point when they either a) place first in their current classification when a semi-final was danced, or b) dance in the final of a higher proficiency event where a semi-final was danced.
  - The eligibility to compete in a classification is applied to individual competitors and not as a couple.
  - An amateur couple is only eligible to compete in a classification if both members of the couple are eligible.
  - An amateur competitor's eligibility is based on his/her accomplishments regardless of the number or length of partnerships.
  - It is the responsibility of all amateur competitors to ensure that they are eligible for all categories entered.
  - An amateur competitor may enter at most two consecutive proficiency classifications in any particular style and age group
  - An amateur competitor's ineligibility begins at the conclusion of the competition in which his/her third point was acquired. In this case the word "competition" refers to the entire event.
8. All international style syllabus competitions are restricted to the ISTD Bronze, Silver & Gold syllabus. Newcomer and American style syllabus events may use any syllabus from member organizations of the NDCA as well as the BYU or UBEA syllabus. Couples must dance within the framework of the accepted syllabi, including precedes and follows, and without embellishment. For ISTD syllabus events, all figures must be danced as defined in the ISTD technique book. Partial figures may not be utilized unless so specified in the "precedes and follows" sections. Couples dancing out of syllabus will be penalized per the specifications in NDCA rule III. D3. a.
  9. A competitor is eligible to dance in the "Newcomer" event (Elementary, Junior High, High School) until they have placed in a final of any event in their age classification at an NDCA recognized event, provided a quarter-final was danced.
  10. Any competitor who wears a costume deemed by the organizers to be unsuitable will be requested to change. If such request is not followed, the competitor will not be allowed to dance and their entry will be canceled without a refund of fees. See below for specific costume rules.
  11. Competitors in the Latin American divisions must not be overly suggestive in their movements at all times while on the floor. Couples who are viewed as inappropriate will be warned once, and then will be subject to disqualification.

## UBEA Costume and Competition Attire

**Heelguards MUST be worn at all times**

### Syllabus competitions:

**Elementary, Junior High, and High School age:** See syllabus costume specifications on following page

**Adult age:**

- **Gentlemen:** Dress shirt, tie, slacks (optional bow tie and/or vest or sweater, suspenders or cummerbund). Plain black latin pants or tails pants may be worn only for Gold level events.
- **Ladies:** Nice dress or skirt and top with no sequins, rhinestones, feathers, glitter, fringe or similar decorations. Length must be at least to the knee and slits not to exceed 3 inches. No accessories. Hose or fishnets are required.

*Competition organizers may determine syllabus attire constitutes a costume and ask couples to change. Couples who continue to wear attire determined to be a costume in a syllabus event will be subject to disqualification.*

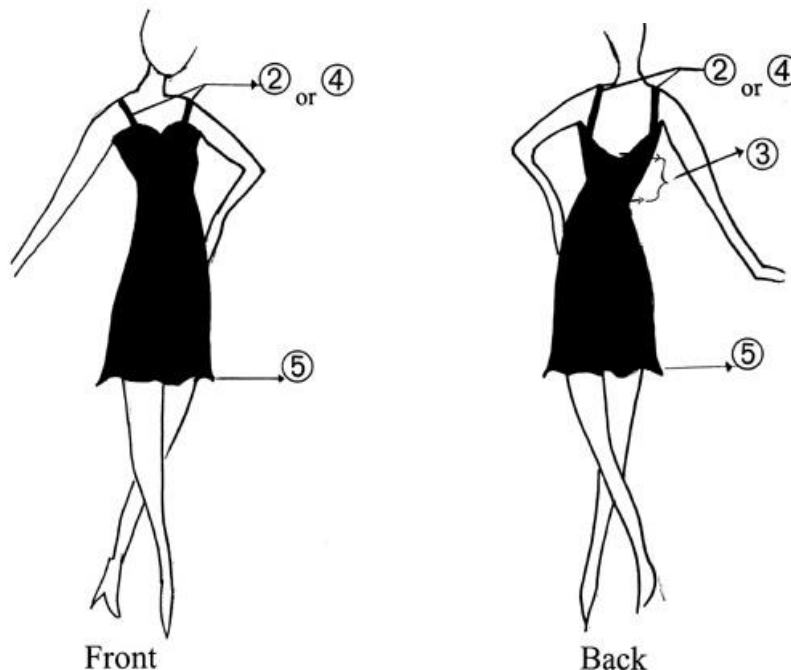
### Adult Couples (open categories)

**Gentlemen:** Costumes appropriate to the style.

1. Latin shirts may be open to a point eight inches down from the Supra Sternal Notch (Jugular Notch)
2. Sheer fabric may only be worn on the arm. No sleeveless shirts.

**Ladies:** Costumes appropriate to the style.

1. Regular cut dance trunks and fishnet hose must be worn.
2. Straps over both shoulders of at least one inch in width are required. If multiple straps go over a shoulder at least one strap must be the required one inch from front to back. Halter tops or designs that resemble them are not permitted.
3. Lower backs must be covered from a point five (5) inches above the waist line.
4. Sheer fabric on the bodice may be used from the top of the bust-line up, in front, and in the back, from five inches above the waist up, in this case straps are not required.
5. Skirts may be broken or slitted from the trunk line down, but must cover the legs to mid-thigh when not in motion.
6. Cutouts or nude fabrics are not allowed.
7. Skin from the front to a point several inches behind the sides (axilla-line) must be covered.
8. Heelguards MUST be worn at all times



***COSTUMES AND HEELGUARDS WILL BE CHECKED THROUGHOUT THE COMPETITION***

**DRESS SPECIFICATION FOR SYLLABUS AND NEWCOMER EVENTS**

**GIRLS**

Skirt and top must be worn

**Skirts:** skirt must be black and at least knee length a) Plain or pleated with minimum 1 to maximum 3 half circles. One simple underskirt allowed which is no larger or longer than top layer b) No uneven hem lines, no use of boning, frills, splits, openings, fishing line or edging(including lettuce edging). Edging or trim of any kind, including ribbon, satin, lace, sequins, etc, is not allowed. A simple hem is required.



*Pleated*



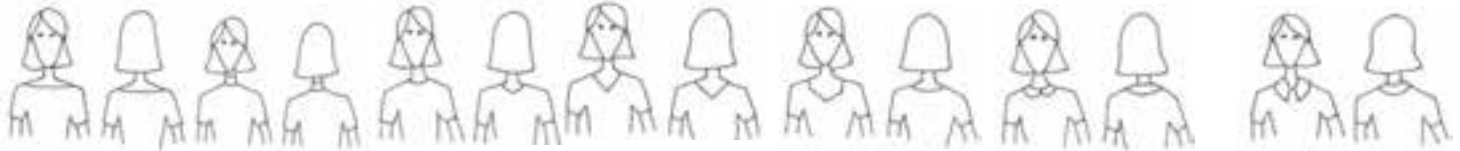
*Plain*



*Simple underskirt*

**Top:** Must be white

**Necklines:** a) Boat/scoop, high neck, v-neck, sweetheart, 'peter pan' collar, and regular collar are allowed. Edging or trim of any kind including ribbon, satin, lace, sequins etc. is not allowed.



*Boat / Scoop neck*

*High neck # 1*

*High neck # 2*

*V - Neck*

*Sweetheart*

*Peter pan collar*

*Regular collar*

**Sleeves:** (required) a) Long, short, elbow length, cap, or puff are allowed b) Cannot be replaced by trimmings, frills, or edging on the shoulder line. c) No "finger loops" allowed



*Long*

*Short*

*Elbow length*

*Cap*

*Puff*

**Materials:** a) No glitter, metallic thread, or fabric creating 'light or pattern effects'. b) No use of feathers, fringes, bows, belts, frills or sequins.

**Socks:** a) White ankle socks or flesh colored pantyhose or fishnets must be worn.

**Other:** a) No use of arm bands, chokers or headbands. b) No decoration is allowed on skirt, top or in hair c) Small earrings allowed d) Basic makeup allowed e) Gathering or shirring on the bodice is not allowed

**BOYS**

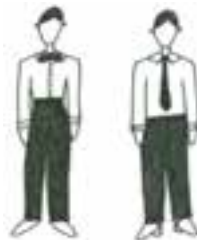
**Trousers:** a) Black or dark blue color only b) High waist optional c) Underfoot strap optional **NO SATIN STRIPES**

**Shirts:** a) Plain white long sleeved collared shirt only b) No pleats or ribbing c) Sleeves to be worn at wrist length

**Materials:** a) Fabrics must be plain, ie: cotton, polyester, cotton/polyester blend, wool blend b) No satin or shiny fabrics c) No glitter, metallic thread, patterns or sequins allowed d) Decorations - not allowed

**TIE:** a) Black color only, may be either straight or bow

**OTHER:** Sweaters and vest not allowed. No earrings allowed.



Optional high waist  
Optional underfoot strap  
White long sleeved shirt.  
Straight or bow tie

**SOCKS:** a) Black or dark blue color only.

**SHOES:** a) Heel height not to exceed 2 inches

**MAKEUP:** - Not allowed.

**HAIRSTYLE:** - Long hair must be worn in a pony tail.  
No earrings allowed